# Artesia General Hospital 2025 Community Health

Needs Assessment

-Eddy County, New Mexico-

## Artesia General Hospital 🕂

Your destination for health. Your partner for life.

Adopted by Board on May 28, 2025



Paper copies of this document may be obtained at: Artesia General Hospital 702 N. 13th Street, Artesia, NM 88210, by phone 575.748.3333, or via the hospital website: artesiageneral.com

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## **Letter to the Community**

Dear Friends and Neighbors,

At Artesia General Hospital, we believe that healthcare begins with listening—with truly understanding the hopes, challenges, and daily realities of the people who call this region home. That's why, every three years, we take a step back to ask a simple but powerful question: *What does our community need to be healthier?* 

The answers come from you. Through conversations, surveys, and shared stories, our Community Health Needs Assessment (CHNA) reflects the voices of those we serve in Artesia, Carlsbad, Roswell, and across southeastern New Mexico. It's more than a report—it's a roadmap shaped by your experiences, your concerns, and your resilience.

This year's assessment shines a light on areas we must continue to address together: improving access to behavioral health services, managing chronic illnesses, supporting healthy families, and ensuring that every person—regardless of age, income, or background—can access high-quality care close to home.

We take this responsibility seriously. At AGH, we are using these insights to guide real change—expanding services, forming new community partnerships, and investing in programs that reach beyond our walls. Because for us, healthcare is about more than medicine—it's about heart. It's about home. It's about you.

Thank you for being our partners in building a healthier, stronger community. Together, we can shape a future where every person has the opportunity to thrive.

With deep gratitude, Dr. Joe Salgado Chief Executive Officer Artesia General Hospital

## **Community Health Needs Assessment (CHNA) Overview**

In 2025, Artesia General Hospital ("AGH") performed a Community Health Needs Assessment (CHNA) in partnership with Strata Decision Technology ("Strata") to determine the health needs of the local community and develop an accompanying implementation plan to address the identified health needs of the community.

### **CHNA Purpose**

A CHNA is part of the required hospital documentation of "Community Benefit" under the Affordable Care Act for 501(c)(3) hospitals. It uses systematic, comprehensive data collection and analysis to provide information about the community including health status, needs, and disparities. The CHNA also offers a targeted action plan to address areas of need and allows the hospital to truly understand the health needs of the community it serves.

## **CHNA Facility Benefits**



- Identify health disparities and social determinants to inform future initiatives, programs, and outreach strategies
- Identify gaps in healthcare
- Develop an understanding of perceptions and ideas among community members
- Form collaborations with community organizations to address local health needs

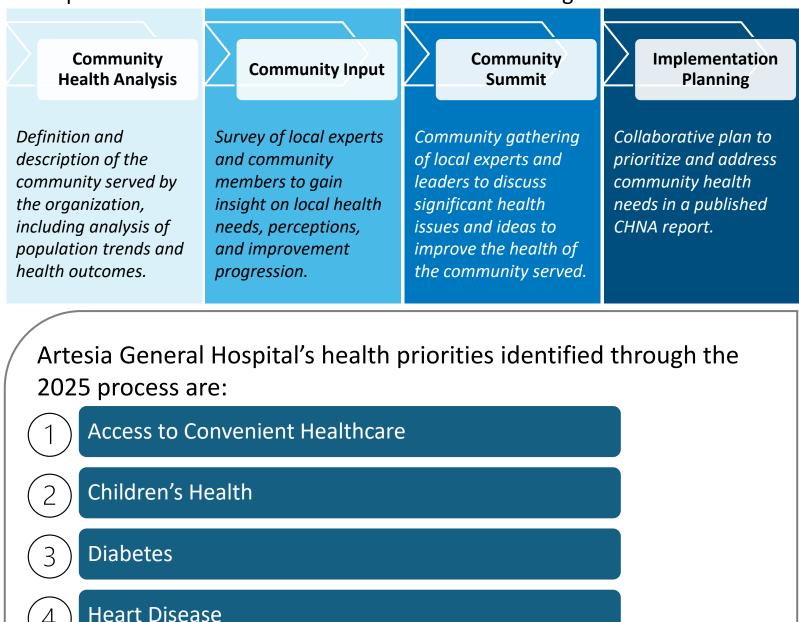
### The core elements of a CHNA include:

- a definition and description of the community served
- > a description of the process and methods used to conduct the CHNA
- a description of how the hospital facility solicited and took into account input received from community members
- a description of the identified significant health needs of the community, including selection process and criteria
- > a description of resources available to address the significant health needs
- an evaluation of the impact of any actions that were taken to address the significant health needs identified in the immediately preceding CHNA

## **Community Health Needs Assessment (CHNA) Overview**

## **The CHNA Process**

The process to conduct the CHNA included the following:



Women's Health

Access to Affordable Healthcare

This report was approved by the Board on May 28, 2025

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## **Process and Methods used to Conduct the Assessment**

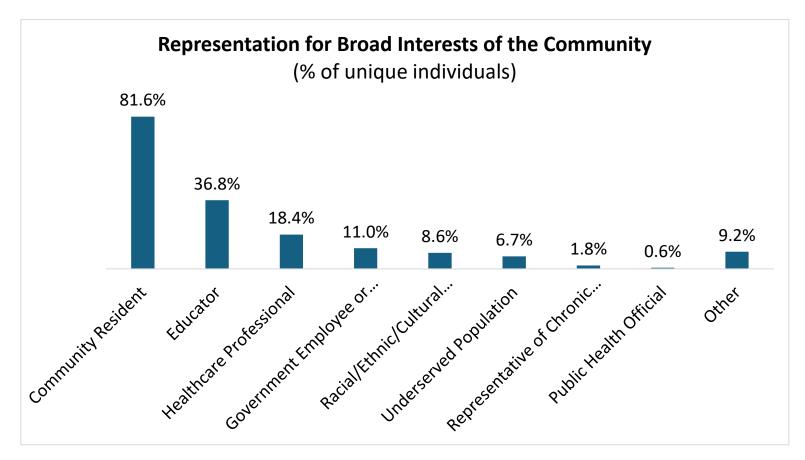
To assess the health needs of the community, a comprehensive approach was utilized. This included collecting community health data via secondary sources and a survey of community members to assess healthcare needs. A community summit was then held to review these inputs with community stakeholders to prioritize the health needs of the community and create action plans.

### **Community Health Data Collection and Analysis**

Artesia General Hospital relied on secondary source data to define and assess the community. This data was sourced at the county level from available public sources, including www.countyhealthrankings.org and ESRI.

A community survey was deployed by Artesia General Hospital to gain input on local health needs, including those of priority populations such as the medically underserved, low-income, and minority populations. The survey received feedback from 135 community members. The survey was open from January 13, 2025 to February 7, 2025 and distributed digitally. The Community Summits were held on March 19<sup>th</sup> and 20<sup>th</sup>, 2025 and had a total of 28 participants.

Survey respondents and summit participants represented the stakeholder groups below:



## **About Artesia General Hospital**

#### From Rural Hospital to Modern Day Innovator

Artesia General Hospital has been committed to delivering medical care to our community since the facility first opened its doors in 1939. Since then the hospital has grown into a 25-bed, nonprofit facility serving Artesia and Southeastern New Mexico.

Patients come to Artesia General Hospital with a common need – to receive quality healthcare. We strive to be much more than a state-of-the-art hospital with a broad range of services – we strive to provide compassionate care. Our family atmosphere brings out the best in each person and empowers each of us to perform the best work of our lives.

We aspire to achieve the highest standards of quality and patient satisfaction. Our patient, physician and employee satisfaction rates are some of the most admired in the region and state, and our health care system is recognized as a leader in quality health care.

Our distinguished medical staff is why Artesia General Hospital draws patients from across Southeastern New Mexico. The vast majority of our physicians are board certified or board eligible in their medical specialties, and they have been trained at the nation's finest medical schools and hospitals.

Safety, effectiveness, patient centeredness, timeliness, efficiency and equity – these tenants are the foundation of our approach to quality. We compare ourselves against state and national benchmarks in these key areas to ensure we deliver the highest quality and safest care possible.

Our work and mission has always been guided by the needs of our patients and their families. We partner with our community to build, improve and sustain health care delivery and increase the health and well-being of those who live and work in Artesia as well as the surrounding regions.

#### Mission

To provide high-quality healthcare to our community and the surrounding areas.

### Vision

To transform healthcare in our communities through innovation, engagement, and quality, while building a healthier tomorrow for generations to come.

### Values

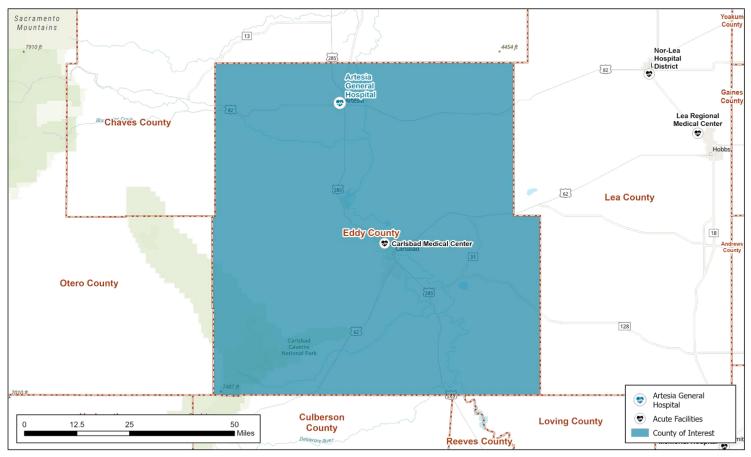
Our values are captured in SERVICE:

- Servant Leadership
- Innovation
- Excellence
- Community

- Respect
- Education
- Virtuousness

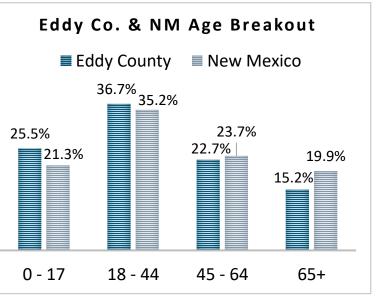
## **Community Served**

For the purpose of this study, Artesia General Hospital defines its service area as Eddy County, New Mexico.



**2024** Total Eddy County Population: 62,941 **2029** Projected Total Eddy County Population: 63,598 0.2% – growth per year

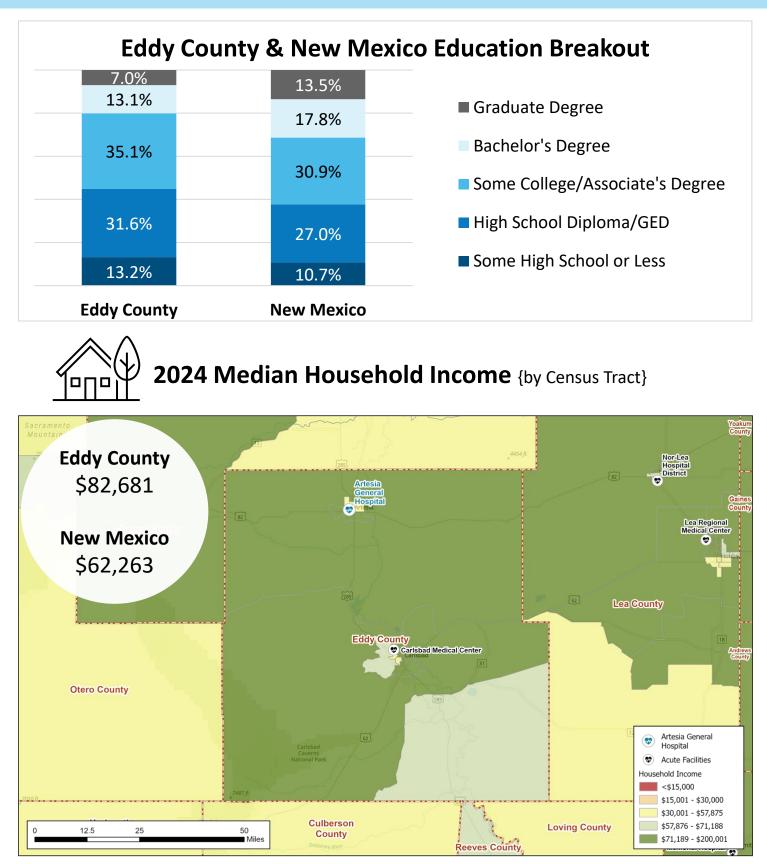
Race & Ethnicity			
	Eddy Co.	NM	
White	56.6%	49.7%	
Black	1.5%	2.2%	
American Indian	1.5%	10.0%	
Asian/Pacific Islander	1.2%	2.0%	
Other Race	19.8%	15.5%	
Two or More Races	19.4%	20.5%	
Hispanic Origin	52.1%	48.9%	



Artesia General Hospital 2025 CHNA

Source: Esri 2024

## **Community Served**

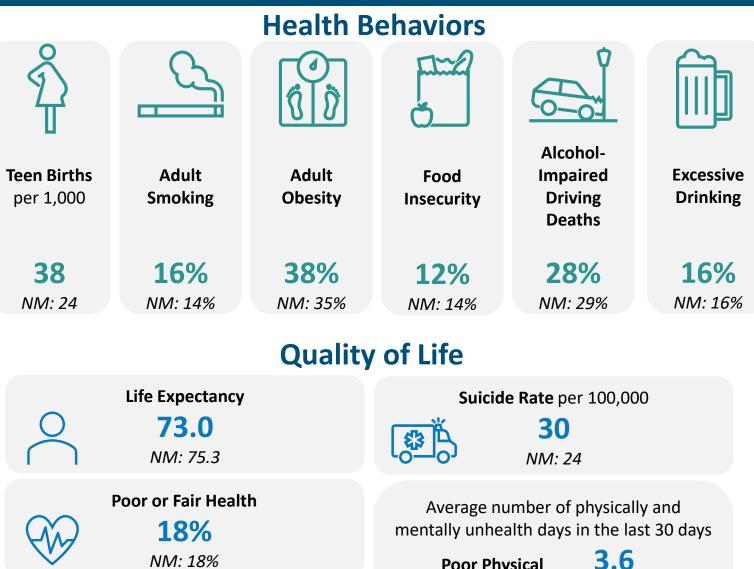


Census Tract: small, relatively permanent statistical subdivisions of a county uniquely numbered; average about 4,000 inhabitants

## **Eddy County Community Health Characteristics**

The data below provides an overview of Eddy County's community health including health behaviors, quality of life, socioeconomic factors, access to health and physical environment. For detailed descriptions and dates for each measure, please visit https://www.countyhealthrankings.org/app/new-mexico/2024/overview. Each indicator impacts the health of the entire community.

**Health Status Indicators** 



NM: 18%



Diabetes Prevalence
11%
NM: 12%

4.9 **Poor Mental** NM: 4.7 **Health Days** 

**Poor Physical** 

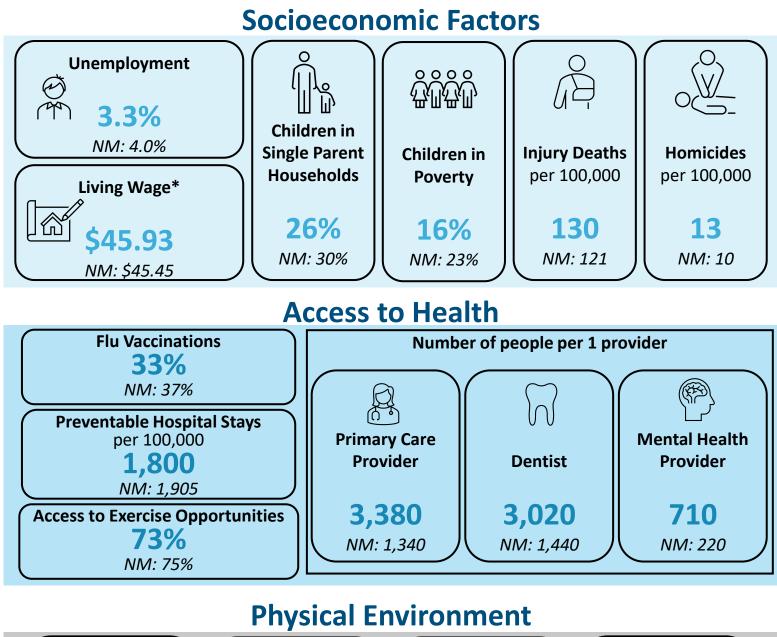
**Health Days** 

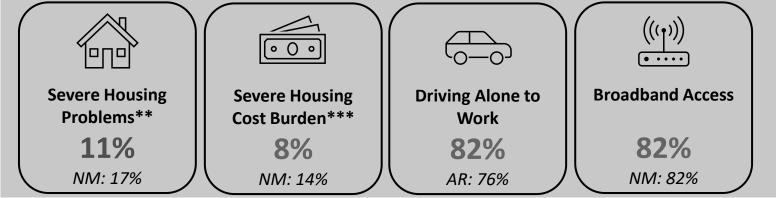
NM: 3.3

Artesia General Hospital 2025 CHNA

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## **Eddy County Community Health Characteristics**





\*The hourly wage needed to cover basic household expenses plus all relevant taxes for a household of one adult and two children. \*\*% of households with at least 1/4 of problems: overcrowding, high housing costs, lack of kitchen facilities, or lack of plumbing facilities \*\*\*% of households that spend 50% or more of their household income on housing

Artesia General Hospital 2025 CHNA

## **Impact Since Last CHNA**

The IRS requires there to be an evaluation of the impact of any actions that were taken to address the significant health needs identified in the immediately preceding CHNA. The health priorities identified in the 2022 CHNA are listed below.



Written comments and insights were gained from community members through the Artesia General Hospital Community Survey regarding the 2022 identified health priorities and implementation plan. Details of the comments and actions Artesia General Hospital has taken to address the identified health priorities can be found on the next page.

## **Impact Since Last CHNA**

### **Access to Mental Health Services**

- 1. Provide a state-of-the-art Behavioral Health Clinic
- 2. Recruit and hire qualified and training professionals specializing in behavioral and mental health
- 3. Increase access and availability for the community and patients seeking services
- 4. Increase community knowledge capacity of behavioral and mental health resources
- 5. Decrease the stigma attached to behavioral and mental health
- 6. Market our behavioral and mental health providers in the community and the region

#### Themes from Community Survey Comments (29 responses)\*:

- Recruiting & hiring additional providers (7)
- Artesia Public Schools (5)
- New Behavioral Health Center (4)
- AGH BH Clinic in Carlsbad (3)
- Advertising on additional providers & resources (2)
- Decreased stigma (2)
- Increased availability (2)

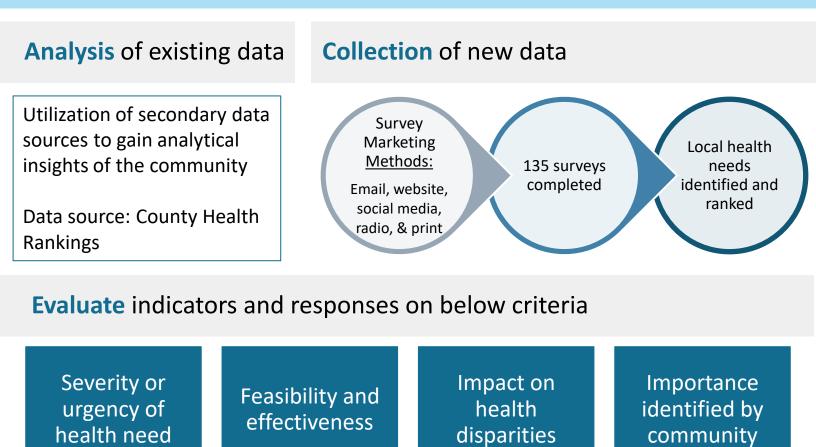
### **Healthy Eating & Active Living**

- 1. Participate and sponsor educational events for the community
- 2. Participate in activities promoting walking, stretching, swimming, running, biking, etc.
- 3. Improve and enhance food options through charitable organizations, and educate schools and other businesses
- 4. Provide medical health resources to promote the benefits of health eating and active lifestyles
- 5. Promote treatment options such as Endocrinology, Dietitian, Family and Internal Medicine, and Behavioral Health

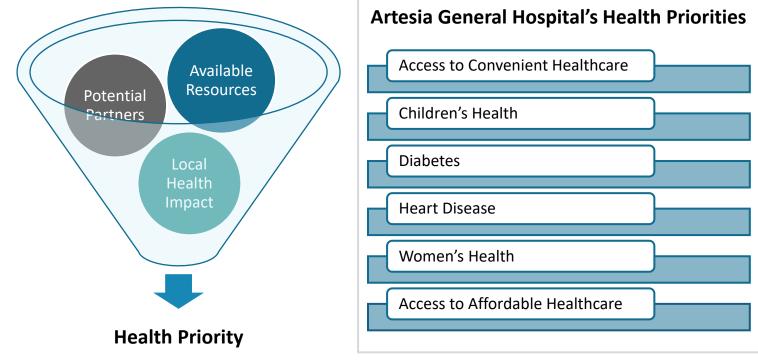
#### Themes from Community Survey Comments (8 responses)\*:

- > Health fair (3)
- Community education (3)
  - $\circ~$  Most important which promotes active living and food options
  - Facebook posts and city council meetings
  - $\circ~$  Would like to see healthy eating and active living classes available for general public

## **Methods of Identifying Health Needs**



## Select priority health needs for implementation plan



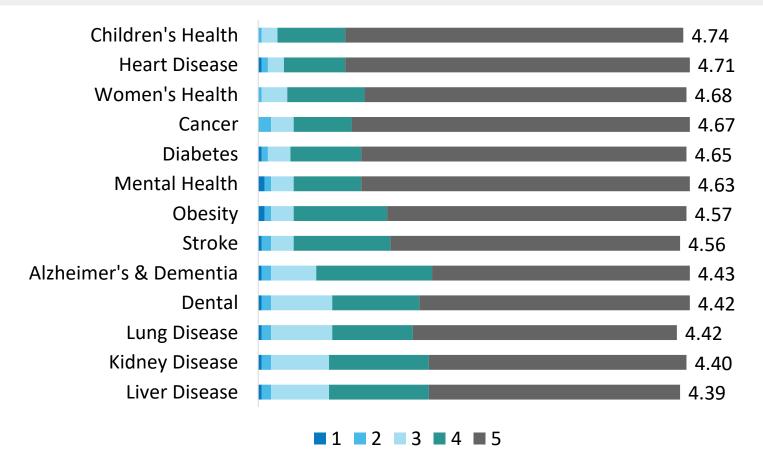
Artesia General Hospital 2025 CHNA

The health needs of the community include requisites for the improvement and maintenance of health status both in the community at large and in particular parts of the community, such as particular neighborhoods or populations experiencing health disparities. The community survey asked questions regarding health factors, lifestyle and personal factors, and community and healthcare services factors to better understand the local needs for the health status including groups with the highest health needs.

Health factors addressed areas such as chronic conditions, health conditions, and physical health. Lifestyle and personal factors addressed areas that affect the individual's health outcomes such as physical inactivity and substance abuse. Community and healthcare services factors addressed social determinants that influence community health, such as access to care, safety, and affordability.

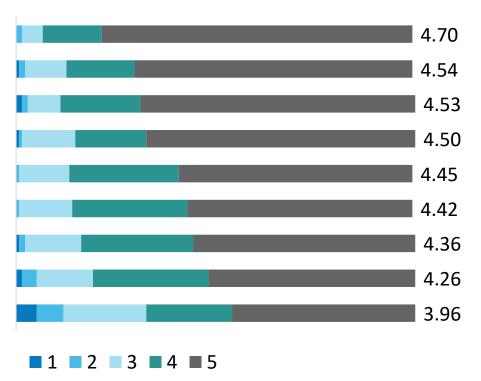
In our community survey, respondents had the opportunity to rate the importance of addressing different components of each factor. Results of the rankings are below.

**Survey Question:** Please rate the importance of addressing each Health Factor on a scale of 1 (not important) to 5 (very important).

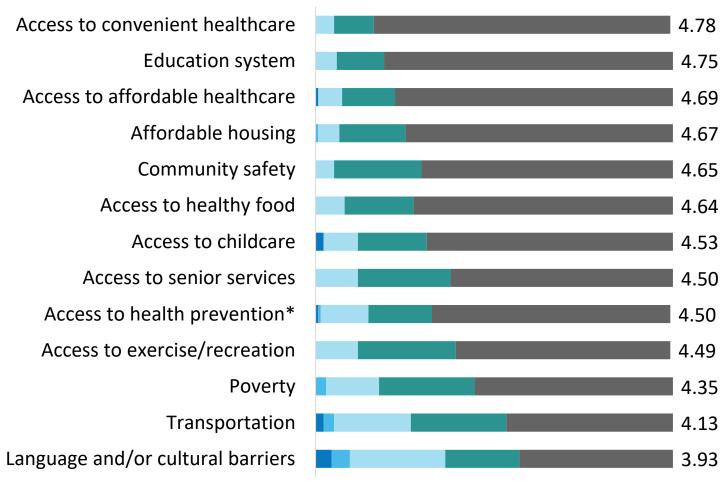


**Survey Question:** Please rate the importance of addressing each Lifestyle & Personal Factor on a scale of 1 (not important) to 5 (very important).

Drug/substance abuse Excess drinking Smoking/vaping/tobacco use Abuse & violence Nutrition Physical inactivity Personal health education Risky sexual behavior Employment status



**Survey Question:** Please rate the importance of addressing each Community & Healthcare Services Factor on a scale of 1 (not important) to 5 (very important).



\*Access to health prevention & education services

### **Overall Health Priority Ranking** (includes all three factor categories)

Access to convenient healthcare Education system Children's Health Heart Disease Drug/substance abuse Access to affordable healthcare Women's Health Affordable housing Cancer Diabetes Community safety Access to healthy food Mental Health Obesity Stroke **Excess drinking** Smoking/vaping/tobacco use Access to childcare Access to senior services Abuse & violence Access to health prevention\* Access to exercise/recreation Nutrition Alzheimer's & Dementia Physical inactivity Dental Lung Disease **Kidney Disease** Liver Disease Personal health education Poverty **Risky sexual behavior** Transportation **Employment status** Language and/or cultural barriers



■1 ■2 ■3 ■4 ■5

\*Access to health prevention & education services Artesia General Hospital 2025 CHNA

## **Community Summit: Artesia, New Mexico**

### Artesia General Hospital held a Community Summit on March 19, 2025 in Artesia.

Below are topics of discussion and key takeaways.

#### **Demographics\*** Slide examples

#### Service Area

For the purpose of this CHNA, Artesia General Hospital defines its service area as Eddy County, New Mexico.





#### Community Analysis: Eddy County, New Mexico

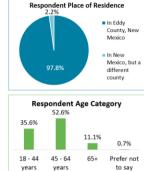
HEALTHY PEOPLE 2030 U.S. GOALS	HEALTH BEHAVIORS	QUALITY OF LIFE
Smoking: 6%	Adult Smoking: 16%	C Life Expectancy: 73.0 NM: 75.3
Obesity: 36%	Adult Obesity: 38% NM: 35%	Poor or Fair Health: 18% NM: 18%
Excessive Drinking: 25%	Teen Births*: 38 NM: 24	Diabetes Prevalence: 11% NM: 12%
Suicide Rate: 12.8	Food Insecurity: 12% NM: 14%	Suicide Rate*: 30 NM: 24
High School Graduation: 91%	Excessive Drinking: 16% NM: 16%	Poor Physical Health Days: 3.6 Poor Mental Health Days: 4.9
▲ = county falls below U.S. goal	*per 1,000 females ages 15-19	*per 100,000

### **Prioritizing Health Needs**

Focus areas for identified health needs

Health Need	# of Votes
Access to Convenient Healthcare	14
Children's Health	5
Access to Affordable Healthcare	5
Women's Health	3
Heart Disease	2

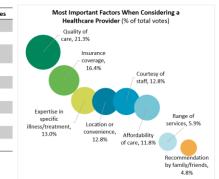
### Survey Analysis\*\* Slide examples





% of Responde

Services Utilized for Basic Health Needs	% of Total Votes
Ay primary care or family physician	39.3%
lospital (including ER)	17.6%
Iternative healthcare providers :hiropractors, etc.)	14.1%
rgent care center	11.7%
etail clinic (CVS, Walgreens, etc.)	5.9%
hool/university nurse	2.4%
alth department	1.0%
ee clinic	0.7%
lo not have a healthcare provider	4.1%
ther	3.1%



#### Addressing Health Needs Participant created goals

2 breakout groups with ~6 participants:

- Access to Convenient Healthcare: Improve and identify optimal hours of availability for services through community survey.
- Children's Health: Engage the community to create healthy lifestyles including student/parent classes around cooking, outdoor activities, and mental health.

## Respondent Place of Residence 2.2% In Eddy

## **Community Summit: Carlsbad, New Mexico**

### Artesia General Hospital held a Community Summit on March 20, 2025 in Carlsbad.

Below are topics of discussion and key takeaways.

### **Demographics\*** Slide examples

#### Service Area

For the purpose of this CHNA, Artesia General Hospital defines its service area as Eddy County, New Mexico.





#### Community Analysis: Eddy County, New Mexico

HEALTHY PEOPLE 2030 U.S. GOALS	HEALTH BEHAVIORS	QUALITY OF LIFE
Smoking: 6%	Adult Smoking: 16% NM: 14%	C Life Expectancy: 73.0 NM: 75.3
Obesity: 36%	Adult Obesity: 38% NM: 35%	Poor or Fair Health: 18% NM: 18%
Excessive Drinking: 25%	Teen Births*: 38 NM: 24	Diabetes Prevalence: 11% NM: 12%
Suicide Rate: 12.8	Food Insecurity: 12% NM: 14%	Suicide Rate*: 30 NM: 24
High School Graduation: 91%	Excessive Drinking: 16% NM: 16%	Poor Physical Health Days: 3.6 Poor Mental Health Days: 4.9
▲ = county falls below U.S. goal	*per 1,000 females ages 15-19	*per 100,000

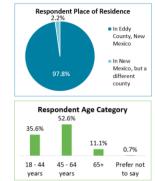
### Prioritizing Health Needs

Focus areas for identified health needs

Health Need	# of Votes
Access to Convenient Healthcare	10
Access to Affordable Healthcare	5
Women's Health	3
Children's Health	3
Affordable Housing	2
Diabetes	1
Specialists	1
Heart Disease	1

### Survey Analysis\*\* Slide examples

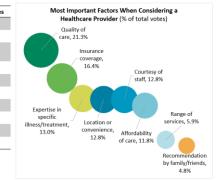
**Respondent Community Role** 





% of Responde

Services Utilized for Basic Health Needs	% of Total Votes	Most Imp
My primary care or family physician	39.3%	Health
Hospital (including ER)	17.6%	Quality care, 21
Alternative healthcare providers (chiropractors, etc.)	14.1%	
Urgent care center	11.7%	
Retail clinic (CVS, Walgreens, etc.)	5.9%	
School/university nurse	2.4%	
Health department	1.0%	Expertise in
Free clinic	0.7%	specific
I do not have a healthcare provider	4.1%	illness/treatment, 13.0%
Other	3.1%	



#### Addressing Health Needs Participant created goals

2 breakout groups with 4-5 participants:

- □ Access to Convenient Healthcare: Establish a resource guide.
- Women's Health: Increase access to a holistic, comprehensive approach to women's health (i.e. inclusive of gynecology, post partum, hormone support, supportive pre-OB services and referrals, and targeted healthcare for women specific needs and diseases including preventive services and education).

Artesia General Hospital 2025 CHNA

\*Demographics can be seen on pages 8-11

#### \*\*Survey results can be found in the Appendix

## **Community Summit: Participants**

During the community summit, prioritized health needs were assigned to breakout groups. Each group was tasked with developing action plans to address their assigned health issue. Participants were able to draw on their existing knowledge of the community as well as the information presented during the summit, including impacts from the prior CHNA, community demographics and social determinants of health data, and community survey results.

Participation in the community summits included:

Organization	Population(s) Represented
Artesia Chamber of Commerce	Community resident Economic development non-profit
Artesia Main Street	Economic development non-profit
Pecos Valley Broadcasting	Community resident
Carlsbad Public Library	Government employee or representative
Carlsbad Department of Development	Rep. of chronic disease group/advocacy org.
Carlsbad Municipal Schools	Educator
Carlsbad Local/Argus	Community resident Government employee or representative
СЕНММ	Environmental services
CARC	Community resident

## **Evaluation & Selection Process**

Severity or	Feasibility and effectiveness	Impact on	Importance
urgency of		health	identified by
health need		disparities	community
Health need has a higher severity, urgency, or burden and if addressed, could be positively impacted	Pressing health needs where hospital interventions are feasible and impactful	Priority population health needs that have the ability to be positively impacted if addressed	Health needs with online survey higher rankings or frequently mentioned by community members

### **Artesia General Hospital Health Need Evaluation**

	Severity or urgency	Feasibility and effectiveness	Impact on health disparities	Importance identified by community
Access to Convenient Healthcare		$\checkmark$	$\checkmark$	$\checkmark$
Education System			$\checkmark$	$\checkmark$
Children's Health		$\checkmark$	~	$\checkmark$
Heart Disease	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Drug/Substance Abuse		$\checkmark$	$\checkmark$	$\checkmark$
Access to Affordable Healthcare				
Women's Health		$\sim$		
Affordable Housing			$\checkmark$	
Cancer				
Diabetes				
Community Safety			$\checkmark$	

Artesia General Hospital 2025 CHNA

## **Overview of Priorities**

## **Selected Health Priorities**

### **Access to Convenient Healthcare**

Access to convenient healthcare was the highest ranked health need in the community survey with a ranking of 4.78.

The following data points provide insight regarding mental health in Eddy County.

- Access to primary care physicians is 3,380 people per primary care physician compared to New Mexico at 1,340 people per primary care physician.
- Access to dentists is 3,020 people per dentist compared to New Mexico at 1,440 people per dentist.
- Access to mental health providers is 7100 people per mental health provider compared to New Mexico at 220 people per mental health provider.

### **Children's Health**

Children's health was the third highest ranked health need in the community survey with a ranking of 4.74 and was a heavily focused topic at the Artesia community summit.

The following data points provide insight regarding children's health in Eddy County & New Mexico.

- The child mortality rate was 60 deaths per 100,000 children under age 20 in Eddy County, compared to New Mexico at the same rate of 60/100,000.
- "In 2022, 31% of kindergarten students and 42.7% of third grade students had overweight or obesity."^

^Source: NMDOH {https://www.nmhealth.org/data/view/chronic/2763/#:~:text=In%202022%2C%2031%25%20of%20kindergarten,overweight%20or%20obesity%20in%202021.}

### **Diabetes**

Diabetes was the tenth highest ranked health need in the community with a ranking of 4.65. While not directly a selected health need in the 2022 CHNA, diabetes could have been impacted through the healthy eating and active living initiatives.

The following data points provide insight regarding diabetes in Eddy County.

• Diabetes prevalence was 11% in 2021 in Eddy County, which indicates the percentage of adults diagnosed with diabetes. New Mexico had a prevalence rate of 12% and the U.S. 10%.

## **Overview of Priorities**

## **Selected Health Priorities**

### **Heart Disease**

Heart disease was the fourth highest ranked health need in the community survey with a ranking of 4.71.

The following data points provide insight regarding heart disease in New Mexico.

The 2022 mortality rate for heart disease in New Mexico was 156.8 deaths per 100,000 people, which was the 20<sup>th</sup> lowest rate in the United States.

### Women's Health

Women's health had a high ranking of 4.68 in the community survey making it the seventh highest ranked need.

The following data points provide insight regarding women's health in New Mexico.

• Maternal mortality rate in New Mexico between 2018-2022 was 28.0 deaths per 100,000, compared to the United States at 23.2 deaths per 100,000.

### **Access to Affordable Healthcare**

Access to affordable healthcare was the sixth highest ranked health need in the community survey with a ranking of 4.69.

The following data points provide insight regarding mental health in Eddy County.

- The uninsured rate in Eddy County was 12% compared to New Mexico at 13% in 2021.
  - 14% of adults under age 65 did not have health insurance in Eddy County compared to 15% in New Mexico.
  - 8% of children under age 19 did not have health insurance in Eddy County compared to 7% in New Mexico.

## **Overview of Priorities**

## **Not Selected Health Priorities**

Artesia General Hospital understands the need to address all health needs and is committed to making impacts across the community where possible. For the purpose of this CHNA, Artesia General Hospital has decided to focus efforts toward the previous six health priorities.

The health priorities not selected are:

Education System

 This need is outside the scope of provided services at the facility, but we are happy to partner with other resources in the area when needed.

□ Drug/Substance Abuse

 While we recognize the importance of this need, there are available resources currently addressing this in the community.

□ Affordable Housing

 This need is outside the scope of provided services at the facility, but we are happy to partner with other resources in the area when needed.

Community Safety

 This need is outside the scope of provided services at the facility, but we are happy to partner with other resources in the area when needed.

## **Implementation Plan Framework**

Executive and clinical leadership at Artesia General Hospital gathered to discuss plans to address the identified health priorities. The leaders decided to breakout the health priorities into sub-categories to effectively create action plans to make positive community impacts. The next seven pages outline the implementation plan for each identified health need seen below.

	Severity or urgency	Feasibility and effectiveness	Impact on health disparities	Importance identified by community
Access to Convenient Healthcare	$\checkmark$	$\checkmark$	$\checkmark$	$\checkmark$
Children's Health		$\checkmark$	$\checkmark$	
Diabetes		$\checkmark$	$\checkmark$	
Heart Disease	~	<b>V</b>	$\checkmark$	$\checkmark$
Women's Health	$\checkmark$	$\checkmark$	$\checkmark$	
Access to Affordable Healthcare			$\checkmark$	

### **Artesia General Hospital Health Need Evaluation**

Note: Please see page 22 for definitions of each evaluation category.

This implementation plan was approved by the Board on May 28, 2025

#### Initiative: Children's Health

**Goal:** Engage the community to create healthy lifestyles

<b>Strategies</b> Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
<ul> <li>Strategy 1: Provide</li> <li>student/parent health classes</li> <li>regarding cooking, outdoor</li> <li>activities, and mental health.</li> <li>Develop nutritional meal</li> <li>plans to share with</li> <li>community.</li> <li>Summer lunch program.</li> </ul>	Annually 2026 – 2028	Artesia General Hospital Outreach, Family Practice, Nutrition, and Behavioral Health team	<ul> <li>Local schools</li> <li>Green Chili Café</li> <li>Dietitian</li> <li>Culinary program/HS</li> <li>Aquatic &amp; Recreation Center</li> <li>HHS (Medicaid)</li> <li>Haven of Hope</li> </ul>
<b>Strategy 2:</b> Explore opportunity on expanding provider hours, including scheduled walk-in hours. Education of immunizations.	Ongoing	Artesia General Hospital Executive team	Carlsbad Family Practice/Memorial Family Practice
<b>Strategy 3:</b> Community Healthcare Resource Map.	Ongoing	Artesia General Hospital	<ul> <li>&gt; AGH</li> <li>&gt; Health Providers/clinics</li> <li>&gt; Entertainment</li> <li>&gt; Events</li> <li>&gt; Aquatic &amp; Recreation Center</li> <li>&gt; Chamber of Commerce</li> </ul>

- Healthier pediatric population creating healthier adults
- Increased education, awareness, and accessibility of services, events, and organizations in the community
- > Increased youth activities along with youth team building skills and leadership experiences

## **Implementation Plan: Access to Convenient Healthcare**

#### Initiative: Children's Health (continued)

Goal: Engage the community to create healthy lifestyles

<b>Strategies</b> Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
<b>Strategy 4:</b> AGH to help sponsor youth activities and sporting events. Medical Explorer program high school students.	2026 – TBD	<ul> <li>AGH Executive Team</li> <li>AGH Marketing</li> <li>AGH Hospital Dept. Directors</li> <li>AGH Foundation</li> </ul>	<ul> <li>Local youth organizations</li> <li>Local Schools</li> <li>Local Aquatic and Recreation Centers</li> <li>Families/Parents</li> <li>Chamber of Commerce</li> <li>Local Church Organizations</li> <li>Girls &amp; Boys Clubs</li> </ul>
<b>Strategy 5:</b> All ages/Kids Fair games, competition events, education on healthy food and physical activity.	2025 – TBD	<ul> <li>AGH Executive Team</li> <li>AGH Marketing</li> <li>AGH Hospital Dept. Directors</li> <li>AGH Foundation</li> </ul>	<ul> <li>Local youth organizations</li> <li>Local Schools</li> <li>Local Aquatic and Recreation Centers</li> <li>Families/Parents</li> <li>Chamber of Commerce</li> <li>Local Church Organizations</li> <li>Girls &amp; Boys Clubs</li> </ul>

- > Healthier pediatric population creating healthier adults
- Increased education, awareness, and accessibility of services, events, and organizations in the community
- > Increased youth activities along with youth team building skills and leadership experiences

## **Implementation Plan: Access to Convenient Healthcare**

#### Initiative: Diabetes

Goal: Increase awareness and education on diabetes and diabetes management

<b>Strategies</b> Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
<b>Strategy 1:</b> Health fairs offering glucose and/or A1c screenings, eye exams, blood pressure, urine/kidney.	Annually 2026 – 2028	Artesia General Hospital Outreach & Family Practice team	Places to host and/or invite (i.e. oil and gas)
<b>Strategy 2:</b> Education of weight management, nutrition, and healthy eating habits, exercise & stretching activities.	2026 – TBD	<ul> <li>Endocrinology</li> <li>Dietitian</li> <li>Family Medicine</li> <li>Rehab Services</li> </ul>	<ul> <li>AGH</li> <li>Community Forums/Events</li> <li>American Diabetes Association</li> <li>Gallagher Broker Ins.</li> </ul>
<b>Strategy 3:</b> Offer weight management options such as nutritional counseling and weight loss medications, diabetic medication management, and sleep studies for overweight.	2026 – TBD	<ul> <li>Endocrinology</li> <li>Sleep Medicine</li> <li>Family Medicine</li> </ul>	≻ AGH

#### **Anticipated Impact:**

Increased population awareness and education of diabetes, including prevention and management

#### Initiative: Heart Disease

Goal: Increase awareness and education on heart health

<b>Strategies</b> Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
<b>Strategy 1:</b> Health fairs offering blood pressure screenings, CPR, First Aid, eye exams, diabetes education, blood glucose screenings.	Annually 2026 – 2028	<ul> <li>Artesia General Hospital</li> <li>Cardiology team</li> <li>Endocrinology team</li> <li>Dietitian</li> </ul>	<ul> <li>Local Industries &amp; businesses</li> <li>Local Church organizations</li> <li>Community Centers</li> <li>Senior Centers,</li> <li>Artesia General Hospital</li> <li>Gallagher Broker Ins. Group</li> </ul>
<b>Strategy 2:</b> Community Education with Cardiologist and Nutritionist.	2026 – 2028	<ul> <li>AGH Cardiology</li> <li>AGH Foundation</li> <li>AGH Dept. Directors</li> <li>Dietitian</li> </ul>	<ul> <li>Senior Centers</li> <li>Local Business</li> <li>Community &amp; Events Centers</li> <li>Local Schools</li> <li>Local Church Organizations</li> <li>Artesia General Hospital</li> </ul>
<ul> <li>Strategy 3: Increase awareness for:</li> <li>CT calcium scoring</li> <li>Mammogram</li> <li>Women's Health</li> <li>Cancer Screenings</li> <li>New Mom Group</li> </ul>	2026 – 2028	<ul> <li>Radiology Dept.</li> <li>Marketing Dept.</li> <li>AGH Providers</li> </ul>	<ul> <li>Community</li> <li>Local Schools</li> <li>Local Business</li> <li>Senior Centers</li> <li>Church Organizations</li> <li>Artesia General Hospital</li> <li>Local Healthcare providers</li> </ul>

- Increased population awareness and education of heart disease and prevention
- Increased knowledge and education focusing on cardiac health
- Gained patient population for the Cardiology office

## **Implementation Plan: Access to Convenient Healthcare**

### Initiative: Heart Disease (continued)

Goal: Increase awareness and education on heart health

<b>Strategies</b>	Goal Completion	Accountable	Community Resources &
Actions facility plans to implement	Date	Organization/Team	Partnerships
<b>Strategy 4:</b> Increase patient awareness and education, gain more patient participation (age 65 years and older) of Medicare Annual Wellness Visits (AWV), Chronic Care Management (CCM), and Transitional Care Management (TCM).	2026 – 2028	<ul> <li>Family Medicine</li> <li>ACO</li> </ul>	<ul> <li>Senior centers</li> <li>Town Hall – special topic</li> <li>Gallagher Broker Ins. Group</li> <li>Accountable Care Organization – AGH*</li> </ul>

\*https://artesiageneral.com/accountable-care-organization/

- > Increased population awareness and education of heart disease and prevention
- Increased knowledge and education focusing on cardiac health
- Gained patient population for the Cardiology office

#### Initiative: Women's Health

Goal: Provide accessible, reliable women's health services to Artesia and Eddy Counties

<b>Strategies</b> Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
<b>Strategy 1:</b> Explore opportunity of recruiting women's health providers.	Ongoing	Artesia General Hospital	Universities/Partnerships
<b>Strategy 2:</b> Explore opportunity of opening a women's health clinic.	2025 – TBD	Artesia General Hospital	
<b>Strategy 3:</b> Education/health fairs.	Ongoing	Artesia General Hospital	
<b>Strategy 4:</b> Women's health events/forums including mammographic (breast health) education to providers and patients as well as pelvic/PAP cancer education.	2026-2028	<ul> <li>AGH Radiology Mammography Department</li> <li>Women's Services/Provider</li> </ul>	<ul> <li>Women for a better Artesia</li> <li>Lions organizations</li> <li>Artesia Public schools</li> <li>AGH Foundation</li> </ul>

- Improved breast health awareness
- Increased breast exams for women over 40 years of age
- Educated ordering providers on breast health
- Improved women's health with comfortable, accessible care

#### Initiative: Affordable Healthcare

Goal: Increase awareness of efficiently accessing affordable healthcare

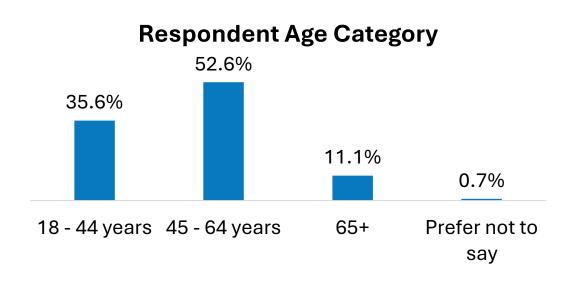
<b>Strategies</b> Actions facility plans to implement	Goal Completion Date	Accountable Organization/Team	Community Resources & Partnerships
<b>Strategy 1:</b> Participate and sponsor educational events for the community.	Annually 2026 – 2028	≻ AGH	<ul> <li>Schools</li> <li>Community Events</li> <li>Social Clubs</li> </ul>
<b>Strategy 2:</b> Increase awareness of local available healthcare resources. Directors visiting ordering providers offices, community presentations and interviews.	Ongoing	≻ AGH	<ul> <li>Local Referral Sources and healthcare community in Artesia/Carlsbad</li> <li>All AGH Providers</li> </ul>
<b>Strategy 3:</b> Market services though multiple avenues. Extended marketing of Behavioral Health Telehealth in New Mexico.	2026-2028	AGH Marketing and department Directors	<ul> <li>Ordering providers</li> <li>Civic organizations</li> </ul>
<b>Strategy 4:</b> Increase awareness of affordability options with MD Save, Financial Counseling resources, Charity Care (self- pay), and transportation. Loyalty awards for returning patients.	2025-2028	<ul> <li>AGH Department Directors</li> <li>AGH Executive Team</li> </ul>	<ul> <li>Community</li> <li>Gallagher Broker Ins.</li> <li>Managed Care Organization (i.e. health insurance companies such as BCBS, Presby, UHC)</li> <li>HHS (Medicaid)</li> </ul>

- > Increase awareness & education of services offered by AGH to local healthcare community
- > Establish relations & partnerships with other outside healthcare providers
- Inform community of cost savings initiatives AGH offers (MD Save, Discounts, Sliding Fee Schedule, etc.,)

# **Appendix: Survey Results**

## **Survey Results**

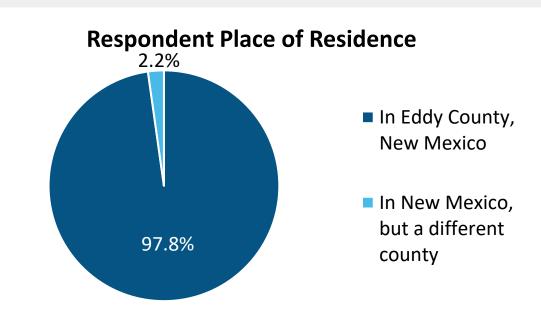




Survey Question 2: Please select which roles apply to you. [Check all that apply]

Respondent Community Role	% of Respondents
Community Resident	87.4%
Educator	43.0%
Healthcare Professional	14.8%
Government Employee or Representative	11.9%
Racial/Ethnic/Cultural Minority	10.4%
Underserved Population	8.1%
Representative of Chronic Disease Group or Advocacy Org.	1.5%
Public Health Official	0.7%
Other	4.4%

## **Survey Results**



**Survey Question 3:** Where is your primary residence?

Survey Question 4: How would you describe your health? (1 star = Poor; 5 stars = Excellent)



Survey Question 5: How would you describe the overall health of your community? (1 star = Poor; 5 stars = Excellent)



**Survey Question 6:** Please rate the importance of addressing each Health Factor on a scale of 1 (not important) to 5 (very important).

Weighted average of votes		
Children's Health	4.74	
Heart Disease	4.71	
Women's Health	4.68	
Cancer	4.67	
Diabetes	4.65	
Mental Health	4.63	
Obesity	4.57	
Stroke	4.56	
Alzheimer's & Dementia	4.43	
Dental	4.42	
Lung Disease	4.42	
Kidney Disease	4.40	
Liver Disease	4.39	

Factor is in the overall top 10

## **Survey Question 7:** If there is another Health Factor that needs addressing, please specify

- Drug abuse/addiction (3)
- Appointments in timely manner (2)
- Urgent care (2)
- Endocrinology (2)
- Orthopedics (2)
- Fibromyalgia (2)
- RA/Arthritis (2)
- Autoimmune disease (2)
- Chronic illness/pain (2)

- Children & adolescent behavioral issues (2)
- Nutrition education & access to healthy foods (2)
- Labor & delivery
- Emergency care
- Pediatrics
- Allergy/Asthma
- Dermatology
- Lupus
- Occupational health

- Specialists
- Ophthalmology
- Rare disease awareness
- Costs are too expensive
- Resources for moms who
   miscarry
- Social determinants of health
- Patients with drugs in system treatment by providers and hospital staff needs improvement
- Abuse

**Survey Question 8:** Please rate the importance of addressing each Lifestyle & Personal Factor on a scale of 1 (not important) to 5 (very important).

Weighted average of votes		
Drug/substance abuse	4.70	
Excess drinking	4.54	
Smoking/vaping/tobacco use	4.53	
Abuse & violence	4.50	
Nutrition	4.45	
Physical inactivity	4.42	
Personal health education	4.36	
Risky sexual behavior	4.26	
Employment status	3.96	

Factor is in the overall top 10

**Survey Question 9:** If there is another Lifestyle & Personal Factor that needs addressing, please specify

- Mental illnesses (2)
- Depression and anxiety (2)
- Relationship counseling
- PTSD
- Safety in the home (smoke, mold, etc.)
- Faith/religion
- Mental instability leading to homelessness

**Survey Question 10:** Please rate the importance of addressing each Community & Healthcare Services Factor on a scale of 1 (not important) to 5 (very important).

Weighted average of votes	
Access to convenient healthcare	4.78
Education system	4.75
Access to affordable healthcare	4.69
Affordable housing	4.67
Community safety	4.65
Access to healthy food	4.64
Access to childcare	4.53
Access to senior services	4.50
Access to health prevention & education services	4.50
Access to exercise/recreation	4.49
Poverty	4.35
Transportation	4.13
Language and/or cultural barriers	3.93

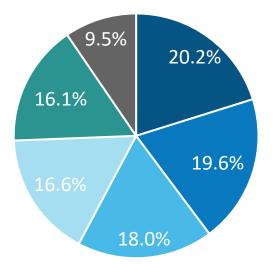
# **Survey Question 11:** If there is another Community & Healthcare Services Factor that needs addressing, please specify

- Access to care needs to be addressed (7)
  - Walk-in clinic/urgent care and weekend/after hours (3)
  - Lab services with access to Labcorp or Quest
  - Provider accessibility
  - Access to quality and responsible healthcare services
  - Access to grievance and depression groups
  - Women's health
  - Being seen in a timely manner
  - Addressing community health and healthcare services (2)
- Need more specialists
- Access to more fresh fruits and vegetables
- Air quality

**Survey Question 12:** Which groups have the highest health needs in your community? (Select all that apply)

Groups with Highest Health Needs	% of Total Votes
Older adults	25.4%
Low-income groups	18.3%
Children	18.0%
Individuals requiring additional health support	16.8%
Women	15.1%
Racial and ethnic minority groups	3.7%
LGBTQ+	1.5%
Other	1.2%

**Survey Question 13:** What are the health needs, if any, for the group(s) selected above? (Select all that apply)



### **Health Needs for Groups Identified**

- Affordable healthcare services
- Mental health
- Health conditions and disease
- Diet, nutrition, and exercise
- Access to healthcare services
- Community safety

**Survey Question 14:** How would you rate the quality of healthcare services in your community? (1 star = Poor; 5 stars = Excellent)



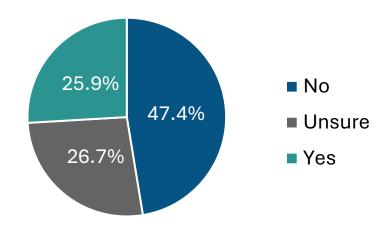
**Survey Question 15:** How would you rate the convenience of healthcare services in your community? (1 star = Poor; 5 stars = Excellent)



**Survey Question 16:** How would you rate the affordability of healthcare services in your community? (1 star = Poor; 5 stars = Excellent)



**Survey Question 17:** Are you aware of efforts to address Access to Mental Health Services in your community in the last 3 years?

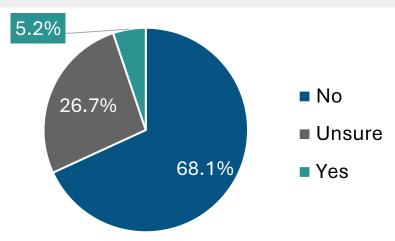


**Survey Question 18:** If yes, please share comments or observations about the actions Artesia General Hospital has taken to address Access to Mental Health Services.

#### Themes from Comments (29 responses):

- 1. Recruiting & hiring additional providers (7)
- 2. Artesia Public Schools (5)
- 3. New Behavioral Health Center (4)
- 4. AGH BH Clinic in Carlsbad (3)
- 5. Advertising on additional providers & resources (2)
- 6. Decreased stigma (2)
- 7. Increased availability (2)
- Artesia Public School comments:
  - Provides a wellness center.
  - Started providing free mental health services to students and family counseling services in the old administration building (2).
  - Staffed each secondary school with a counselor and social worker to help students if a problem arises.
- Need more community awareness on meeting initiatives.
- Only telehealth available not a fan (2).
- Unaware of these initiatives (2).

**Survey Question 19:** Are you aware of efforts to address Healthy Eating & Active Living in your community in the last 3 years?



**Survey Question 20:** If yes, please share comments or observations about the actions Artesia General Hospital has taken to address Healthy Eating & Active Living.

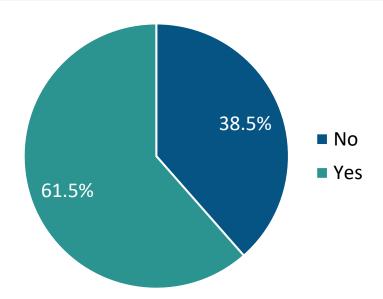
#### Themes from Comments (8 responses):

- 1. Health fair (3)
- 2. Community education (3)
  - Most important which promotes active living and food options
  - □ Facebook posts and city council meetings
  - Would like to see healthy eating and active living classes available for general public
- I am aware that Artesia General did hire a nutritionist last year.
- JC Park has been renovated/upgraded/improved so much over the last few years. Including a dog park and bathrooms. We just got a grant for new pickle ball courts.
- Working with the schools would be a great resource.
- Improve and enhance food options.
- Unaware of these initiatives.

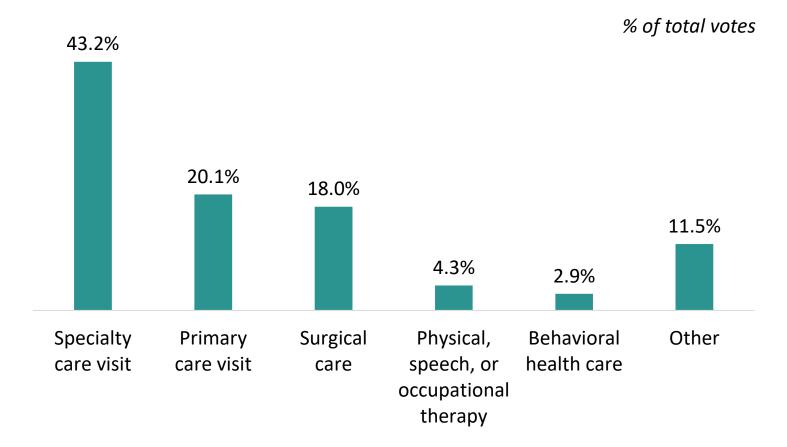
**Survey Question 21:** Which services do you use for basic health needs? (Select all that apply)

Services Utilized for Basic Health Needs	% of Total Votes
My primary care or family physician	39.3%
Hospital (including ER)	17.6%
Alternative healthcare providers (chiropractors, etc.)	14.1%
Urgent care center	11.7%
Retail clinic (CVS, Walgreens, etc.)	5.9%
School/university nurse	2.4%
Health department	1.0%
Free clinic	0.7%
I do not have a healthcare provider	4.1%
Other	3.1%

**Survey Question 22:** In the last 12 months, have you received healthcare outside of your community?

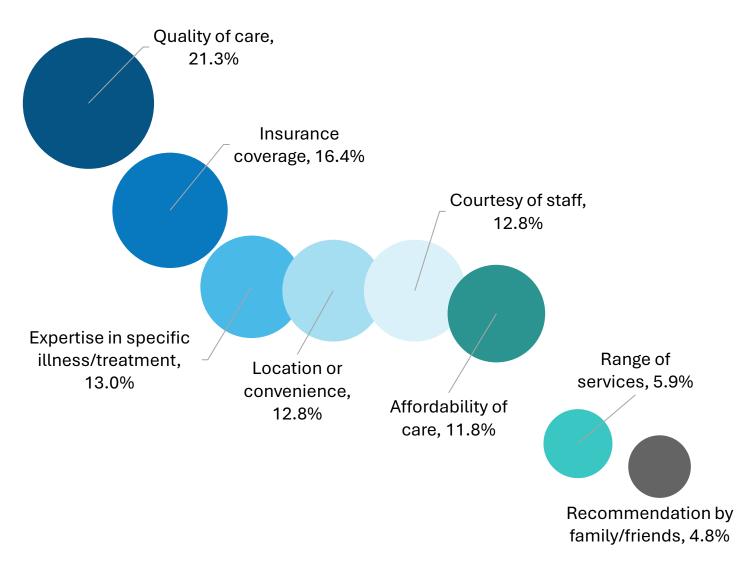


**Survey Question 23:** Which of the following services did you receive outside the community? (Select all that apply)



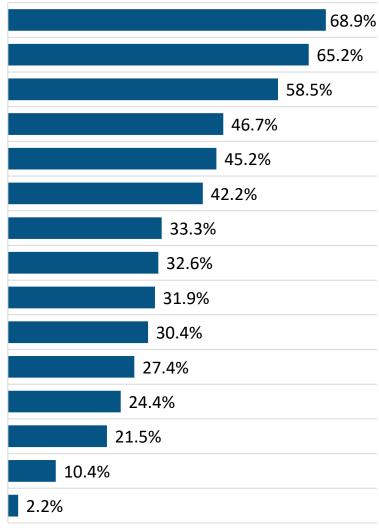
**Survey Question 24:** What do you consider to be the most important when considering a healthcare provider? (Select all that apply)

% of total votes



**Survey Question 25:** Which of the following public health services should Artesia General Hospital and its community partners focus on improving? (Select all that apply)

	Primary care
	Specialty physicians
	Affordable healthcare
	Mental health services
	Senior/elderly services
	Preventative services
	Affordable health insurance
	Wellness programs
	Healthcare resources for the uninsured or poor
	Substance misuse services
	Nutrition/diet education
	Health education for chronic conditions
	Exercise resources
	Other
2.2	Unsure



**Survey Question 26:** How do you receive news about healthcare in your community? (Select all that apply)

